



CEDAR SINAI PARK
love. honor. respect.

June 4, 2012

Re: Letter of Recommendation for Kari Berit

To Whom It May Concern:

It is with great pleasure that I submit this letter of recommendation for Kari Berit.

Kari gave an outstanding presentation, "The Unexpected Caregiver: How to Keep Mom and Dad Safe, Active, and Independent," which Cedar Sinai Park hosted at the Mittleman Jewish Community Center, Portland, Oregon on Tuesday, May 8, 2012 as part of our outreach program. Kari is a dynamic speaker who peppers hard facts with real-life anecdotes to support her points about caregiving for elders. She drew the audience in instantly and held everyone's attention throughout the 90-minute program.

The talk was both educational and inspirational. Participants walked away with a mind map of evaluating their work as caregivers, stories that confirmed and validated their experience, and resources to help them along the way. The impact of Kari's presentation extends beyond its duration. The presentation inspired the process of forming a support group for adults providing care for their parents, family members, or other loved ones. We received overwhelmingly positive feedback on the presentation. One participant said, "It was wonderful and amazing. I enjoyed it."

We wholeheartedly recommend Kari for anyone seeking a quality presentation about elder care. If you would like more information please call me at 503.535.4303.

Yours sincerely,

Debbi Bodie
Chief Development Officer

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